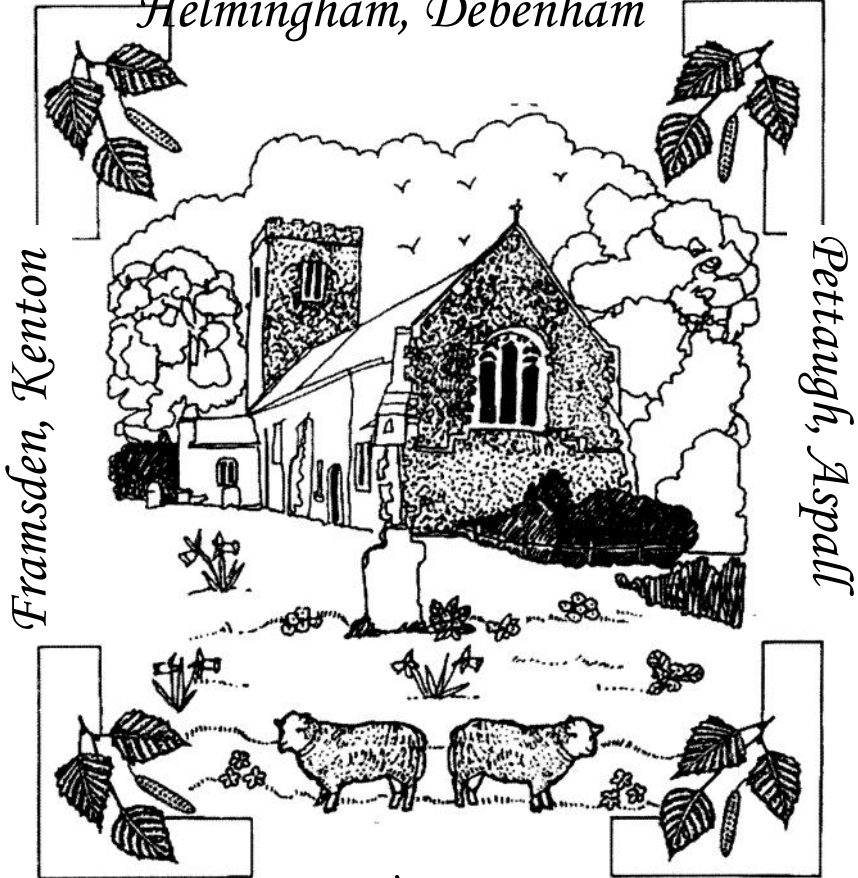


TOGETHER

Spring 2025

March to May
Distributed free within the Benefice

Helmingham, Debenham



Winston



THE BENEFICE OF
DEBENHAM & HELMINGHAM

Reflection by Rev'd Keith Rengert

After 3 months of leaving and saying lots of goodbyes, I am finally here in Debenham and beginning with the hellos of which there have already been many with many more to come.

My name is Rev' Keith Rengert and I was licensed as Chaplain to Debenham High School and Associate Priest to the Debenham and Helmingham Benefice on Friday 10th January by Bishop Martin at Debenham High School.

I was ordained in 2009/10 and have since worked in the parishes of North Walsham, Spixworth/Horsham St. Faith/Crostwick and in the Reepham and Wensum Valley team all over the border in Norfolk.

In addition to these parish roles I have also held a number of chaplaincy positions to Norwich International Airport, the East Anglian Air Ambulance and the East of England Ambulance Service. Most recently, whilst at Reepham I also became the first ever chaplain to Reepham High School and College which in time expanded to a fulltime position of chaplain to the 4 High Schools of the Synergy Multi-Academy Trust. I have also been Rural Dean to the Ingworth and Sparham Deanery for the last 5 years.

Prior to ordination I was a nurse for some 21 years. By the time I left that profession to train for ordination I was working as an Upper G.I. Nurse Specialist at Ipswich Hospital so I am not such a 'stranger to these parts'.

As chaplain to the High School my role is very much one of support to students and staff. Chaplaincy is about being present and available to anyone and everyone whatever their faith or world/life view. For me, it is an out working of my Christian faith. By being available to all I hope and strive to imitate the availability that Jesus demonstrated so well when he walked this earth. He is my role model and the inspiration for my life.

I am already enjoying my roles and look forward to meeting many more of you both at the schools and in the parishes working with Rev' Susan.

Benefice Cathedral visit

This is on Sunday May 4th in the afternoon. Unfortunately the deadline for bookings has already passed.



Debenham and Helmingham Benefice Church Services March 2025

Sunday 2nd March	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Sunday 9th March	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Framsden	Holy Communion
Sunday 16th March	8.00am	Aspall	Holy Communion
		Debenham	Holy Communion
Sunday 23rd March	9.30am	Framsden	Morning Prayer
		Pettaugh	Holy Communion
	11.00am	Kenton	Morning Prayer
		Debenham	Holy Communion
Sunday 30th March (Mothers' Day)	10.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer
		Helmingham	Benefice HC

FRAMSDEN

Fox Fritillary Meadow Nature Reserve

The reserve was closed to the public in 2024 to give the fritillaries and other wild-flowers a chance to recover. SWT aim to reopen the meadows for public access in 2025. See www.suffolkwildlifetrust.org/foxfritillarymeadow.

Framsden Greyhound—Community Pub

We are now up and running as a pub, albeit it part time. We're opening from now every:

Friday 6-9pm Saturday 6-9pm Sunday 11am-3pm

It's just drinks at present but we hope to have the kitchen by April 2025.

See www.framsdengreyhound.co.uk for further information.



WINSTON

Sandra and Livvy would like to thank everyone who kindly donated to their door to door collection for the Poppy Appeal: nearly £400 was collected. Many thanks once again.

The Early Bird Christmas Market in November raised just over £650 for the church and Schoolroom funds. Many thanks to everyone who helped and supported the event and to Kate Branch for all the behind the scenes work. We are always amazed at the refreshments that are produced for our events—many thanks to those who made them.

The Art Collective, a group of local artists, held a weekend exhibition and sales of their artwork in the Schoolroom in late November. We look forward to their next exhibition.

The Carol Service on Christmas Eve was very well attended and we thank all those who helped in any way: the Debenham bellringers who rang the bells before the service, Julie Nightingale for providing the music, Bob and the girls' choir and a special Thank You to all the readers who did an excellent job in front of a full church. The collection of £263.30 was sent to E.A.C.H.

We welcome Rev Keith Rengert as the new Chaplain to Debenham High School and Associate Priest to the Debenham and Helmingham Benefice.

Lynn has kindly agreed to set the questions again for our **Annual Quiz**, usually sometime in March/April, to be confirmed, *prompt 7.30pm start*, in the Schoolroom. All the usual should apply: entry £5 per person. Please bring cash for entry and the raffle. Teams of four, refreshments at half time but please bring your own table nibbles and drink. To book your table please phone Lynn Odell on 01728 860859.

Please see the pattern of services for Spring elsewhere in the magazine. We are hoping to resume the Evening Prayer from May.

As I write this it is still January and the date of the Winston Fete has yet to be confirmed but we will let you know. Whenever it is, please think of us if you have any books and white elephant items. We would be very grateful for offers of cakes, etc. for the tea and cake stall. Entry and car parking will be free. If you have any new ideas for the Fete please let one of us know.

The funeral and burial took place at Winston Church at the end of January of Ann Rose, who had lived in Winston for many years before moving to Swilland and then Wortham. Ann helped to organize and support many events including fetes, quizzes, exhibitions and Lamb Days over the years. Donations in memory of Ann were given to Winston Church.

Sandra

Debenham and Helmingham Benefice Church Services

April 2025

Sunday 6th April	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Sunday 13th April	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Helmingham	Holy Communion
	Framsden	Morning Prayer	
Easter Sunday 20th April	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Family Holy Communion
		Framsden	Holy Communion
		Helmingham	Family Service
	11.00am	Pettaugh	Holy Communion
	Kenton	Family Service	
	Winston	Holy Communion	
Sunday 27th April	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer

See page 7 for Holy Week services

HELMINGHAM

The **Carol service** was well attended despite Storm Darragh causing some problems with events nearby over the weekend. Mulled wine was served following the service and enjoyed by those who stayed for the opportunity catch up with other members of the congregation. Thanks to all who took part in the service.

Benefice Service, held when there is a fifth Sunday in the month will be at Helmingham on March 30th, which is Mothering Sunday. An opportunity to share and celebrate this special day

Helmingham Primary School & Nursery

Having returned to school with new faces amongst our pupils everyone was excited to meet up again. Breakfast Clubs, After School Care, Lego Club and Games Clubs all started up and allow the children (and carers/parents) to plan and enjoy all the

benefits of school life. New topics, visits, learning an instrument, celebrating festivals and themed days all add up to the wonderful engagement and learning that runs through the curriculum in our classes.

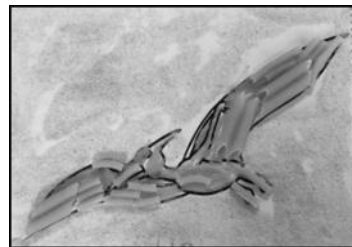
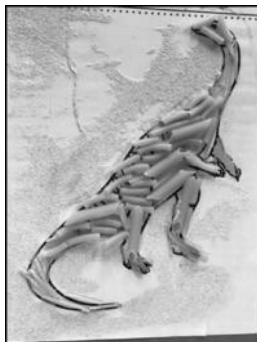
Foxes (KS2) have been studying Skara Brae – a Neolithic settlement in the Orkney Islands. Using clay to model Stone age Jewellery from clay as well as sculpting pots which are now on display in the school.

Hedgehogs (Nursery, Reception and KS1) have had a marvellous time looking at when the dinosaurs were around. Using their creative skills to make a mural for the wall showing mountains, volcano, lake, forest, plains and then putting the appropriate dinosaur where it lived (learning what it needed to survive). Also designing dinosaurs with pasta and making dinosaur eggs (coffee granules, sand, salt, flour and water) – we will then have to use our archaeological skills to find the dinosaur inside with great excitement!

As part of our prehistoric topic, children took part in working as a whole school. They worked together in teams to compare and contrast the sizes of dinosaur footprints with their own foot prints. This was influenced by the fact that last year over 200 dinosaur footprints were discovered in a quarry in the UK. They decided to create their own highway of footprints across the playground. Several children can fit in one footprint!

At the end of March we round off our Dinosaur Topic by visiting Roarr in Norfolk. Both classes have been perfecting their gymnastic abilities in the school hall, strengthening their inner core, making shapes, moving and holding still. We are looking forward to swimming which starts again for KS2 at Framlingham Collage We welcome each month for a class assembly Rev. Susan, who never knows quite what she might be asked by a 4 year old – 9 year old!

In our little School, we make big things happen through IMAGINATION, CREATIVITY AND CURIOSITY. We provide an exciting collaborative curriculum with an outdoor learning focus with dedicated and devoted staff – come and speak to us



Our dinosaur skeletons with pasta by Hedgehogs class.

Holy Week April 2025

Palm Sunday 13th April

8am	Kenton	Holy Communion
9.30am	Debenham Winston	Liturgy of the Palms Morning Prayer
11am	Helmingham	Holy Communion
11.00am	Framsden	Morning Prayer

Monday 14th, Tuesday 15th, Wednesday 16th April

7.00pm	Debenham	Compline
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Maundy Thursday 17th April

7.00pm	Debenham	Holy Communion
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Good Friday 18th April

1.00pm	Walk of Witness, Aspall Church to Debenham	
2.00pm	Debenham	Service for Good Friday

Holy Saturday 19th April

10.30am	Debenham	Children's Activities
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Easter Day 20th April

5.30am	Venue tbc	Sunrise Service
8.00am	Aspall	Holy Communion
9.30am	Debenham	Family Holy Communion
	Helmingham	Family Service
	Framsden	Holy Communion
11.00am	Winston	Holy Communion
	Kenton	Family Service
	Pettaugh	Holy Communion

we would love to show you around.

Helmingham Primary School and Nursery will be opening it's doors to take 2 year olds in the Nursery – please register your interest with the school office and we will be in touch with registration details soon.

Contact us on Tel: 01473 890267 or email us on of-



Following last year's record-breaking exhibition when £5,100 was raised for St Mary's Fabric Fund, we are preparing for 2025. This year the exhibition will be on

20th, 21st, 22nd June

Please make a note in your diary!

face.helmingham@consortiumtrust.org.uk Wrap around care is available 8am to 5pm.

PETITIAUGH

The year 2024 moved on quickly with some important events, the most significant being a new government. More storms have battered the country with the worst weather more northerly. As I write this, the first storm of 2025 "Eowyn" is due.

The Christmas Carol service was held on the Sunday before Christmas and it was enjoyed by many singing to the wonderful sound of the organ.

In November we held a Cheese and Wine evening which was well attended and the variety of local cheeses were very well received.

Looking forward, we have a Holy Communion service on Easter Sunday 20th April at 11.00am and all are most welcome.

A reminder that the Parish Pantry is open every Wednesday from 10.00am - 11.00am in Debenham Church. Just £3.50 to collect a bag full of groceries and it is open to all within our benefice. Also the Parish Cafe is open every Wednesday 10.00am - 11.30am noon in Dove Cottage for a cuppa, cake and chat in the warm (for a donation only). All welcome.

St Catherine's Church is always needing maintenance within the church and the grounds, any offers of help are always most welcome. Please contact the Church Warden, Sheila 01473890883.

We are looking to hold more events at St Catherine this year and we have some dates for your diary. We hope that residents and other local villagers will join in these community events. Details will follow.

- 5th April 2025 Saturday - **Soup Lunch & Dessert** 12pm - 2.30pm.
- 20th April 2025 **Easter Sunday Holy Communion service** at 11am. All welcome.
- 12th July 2025 Saturday - **Cream Teas** from 2pm - Hopefully in the Church Meadow.

Debenham and Helmingham Benefice Church Services

May 2025

Sunday 4th May	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Sunday 11th May	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Helmingham	Morning Prayer
		Framsden	Holy Communion
Sunday 18th May	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Framsden	Morning Prayer
	11.00am	Pettaugh	Holy Communion
		Kenton	Morning Prayer
	6.30pm	Winston	Evening Prayer
Sunday 25th May	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer

- 4th October 2025 Saturday - **Cheese and Wine** 7pm - 9pm.

Sadly, we have recently lost two of the oldest Pettaugh residents. Fred Rowe aged 95, of Debenham Way, died on the 10th December in a care home, where he had spent his last few years with dementia. Then his wife Sybil Rowe also 95, passed peacefully away at home on 5th January just 26 days after her husband. Sybil had been bedridden for the past 2 years with Parkinson's disease. Fred was born in Winston. His family had been involved with the local Brick Kiln works. He left school at 14 working on local farms before he joined SCC and spent 35 years working on highways, road maintenance. In his latter years he spent many hours mowing the churchyard. Sybil was born in Walnut Tree Cottage, Crowfield. She had a younger brother Norman and a younger sister Barbara. Her family had worked at New Hall Farm, Crowfield. Sybil had attended Pettaugh School then Stonham Aspall School and left aged 14 as was the case in those days. Sybil went into service in Ipswich. She worked at New Hall Farm, Crowfield, collecting and testing eggs. She also worked on Local fruit farms helping with the fruit harvest and pruning fruit trees. Sybil had attended St Catherine Church, Pettaugh and in her younger years sang in the choir. She also helped to produce some of the beautiful kneelers in the church. Fred and Sybil were married at St Catherine on 2nd

April 1955. It would have been their Platinum Wedding Anniversary (70 years) this year. They lived in Gosbeck after their marriage and moved to Pettaugh in 1966 where their two sons Stephen and Colin were brought up. Sybil also spent many years working at Ipswich Hospital as a Ward Clerk and she retired in 1990 aged 60. Sybil had also been a member of Pettaugh Parish Council in the mid 1990's and she had been a long standing Member of Pettaugh Ladies Circle. It was befitting that their funeral service was arranged to be held together in St Catherine on the 30th January 2025. Our thoughts are with their family and friends, at the loss of two long lived Pettaugh residents.

DEBENHAM

Parish Pantry

Every Wednesday morning, 10am to 11am in the church. Collect a bag of groceries for £3.50.

Parish Café

Every Wednesday, 10am to 11.30am in Dove Cottage. Hot drinks, cake and chat, for a donation only.

Family@church

A family friendly service for the young and not so young. On the first Sunday of each month, 9.30am breakfast, 10am service.

Open the Book

Open the Book turns 25 in 2025! From its humble beginnings in Bedford, it has brought the Bible to life for children through engaging, creative and interactive storytelling. In Debenham a team of volunteers from different churches provide a weekly assembly at Sir Robert Hitcham primary school, using bible stories which are acted out by the team and some of the children—with costumes and props! There is always room for more helpers, so if you have time on Wednesday afternoons why not have a go? The children love taking part and you will too! See www.biblesociety.org.uk/get-involved/open-the-book for more details or phone Chrissie on 861440.

The Forge Church Holiday Club

From 23rd-25th July with a BBQ type event on the Sunday after church.

Waveney Foodbank

A collection box for Waveney Foodbank is in the church porch. Debenham Co-op also has a box for collections (Stowmarket Foodbank).

Meet up Mondays

10am-2pm in Dove Cottage. Lots of activities including jigsaw puzzle exchange,

refreshments, games, crafts and books. Dogs welcome.

Debenham Library

Our Living Advent Window was amazing! Thanks to Chrissy and Pam for such a splendid display (see our Facebook page—details below). During the summer holidays we will be putting on more free events for families and children, including storytelling. We have also begun weekly class visits from the children in the Primary School.

Books, DVDs, WiFi, Computers, Printing/photocopying/scanning, A4 Laminating, CDs, audiobooks, downloadable music/audiobooks/eBooks, free reservations, drinks for sale. The room is available for hire outside opening hours.

Tuesday 0930 am – 1300 pm Wednesday 1500 – 1930 pm

Saturday 0900 am – 1300 pm Sunday 1200 – 1600 pm

Tel: 01728 861940 Email: debenham.library@suffolklibraries.co.uk

www.suffolklibraries.co.uk/libraries/debenham-library

Facebook: @DebenhamLibraryandFriends

Suffolk Libraries: Mobile Library Routes (every 4 weeks)

Aspall Church, Thursdays 1145-1210

Framsden Village Hall, Thursdays 1400-1415

Pettaugh, Old Bull, Fridays 1535-1555

See www.suffolklibraries.co.uk/visit/mobile-libraries for more information.

Debenham Shed

Our first Craft Workshop will be on Saturday 8th March from 10am-2pm: Wood turning and bird nest boxes. If you are interested in attending please email crafts@debenhamshed.org.uk or one of the telephone numbers below.

The next workshop will be on Saturday 10th May—activities to be decided later.

We'll be using our woodworking area which is now set up, and we are grateful to Sealey Tools of Bury St Edmunds who have donated personal protective equipment, a MIG gasless welder and other equipment.

What is Debenham Shed? A place to make things by yourself, with guidance or with others. It could be in metal, cloth, wood or plastic. We have lots of tools and sourcing materials. You may want to repair or make new—the limit is your imagination. It is also for social connecting and friendship building, sharing skills and knowledge, and of course a lot of laughter. Debenham shed is open to all.

Debenham Shed is at 2 Fields Farm, Low Road (IP14 6BJ). We are open on Monday mornings 9am-12pm, Fridays 10am-5pm and normally the second Saturday

Debenham Green Team

On the first Saturday of each month, outside The Lion from 9am-11am, we collect

Tetrapak cartons, plastic flower pots and contact lens packaging, as well as the items below. We have containers for pens, dental products and corks, at the back of the church. Also old candles for recycling. River sampling takes place monthly.

Join the mailing list at debenhamgreenteam@gmail.com or look at the website www.debenhamfuture.com. See the events coming up at www.facebook.com/DebenhamGreenTeam.

Debenham History Society

See <https://thedebenhamarchive.net> for the current series of programmes, as well as an extensive archive of information, photographs, publications, etc and to join their mailing list. Publications archived now included Debenham Parish Magazine, a Debenham Village Guide of 2002 and this magazine.

Editor's notes

The Copy deadline for the next *Together* magazine (June-August) is **25 April**, and is normally published about two weeks later. Quarterly, A5 format. 700 copies are printed and collated on Rizograph stencil copier, distributed free by members of Winston church. Send copy to the editor by email, email attachment (Word or Publisher formats preferably); Adobe PDF format may be suitable. Photographs do not reproduce well but graphics are usually OK. If you can't do any of these send the copy in the post.

Editor: Tony Hutt, Email: tony@tonyhutt.co.uk Tel (01728) 860173. 19 Priory Lane, Debenham, Stowmarket, Suffolk, IP14 6QD.

Advertising payments to Kate Branch, The Red House, Winston, Stowmarket IP14 6LG Tel (01728) 861004 Email: cmcbranch@btinternet.com (payable to Winston PCC). 1/8 page for £20 p.a. (4 issues); 1/4 page for £40 p.a.; 1/2 page for £80 p.a. Send advertising enquiries and advertising copy to Tony Hutt.

This magazine is published online at www.achurchnearyou.com/debenham and earlier copies are available at www.issue.com/tonyhutt and <http://thedebenhamarchive.uk>.

Useful links

Debenham website and PC	www.debenham.onesuffolk.net
Framsden PC	www.framsden.onesuffolk.net
Framsden village	www.framsden.org.uk
Winston website and PC	www.winston.onesuffolk.net/parish-council
Pettaugh website and PC	www.pettaugh.suffolk.cloud
Framsden Baptist Church	www.framsdenbaptistchurch.org
Forge Church (Debenham)	www.forgechurch.com
Debenham United Reformed Church	www.urcstowmarketandvillages.com



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Winston School Room

is available to hire: see back page for
details.

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WHO'S WHO IN THE BENEFICE

Rector

Revd. Susan Taylor 01728 860222 revsusantaylor@icloud.com
(Please note, my usual day off is a Friday and every third Saturday of the month.)

Ministry Team

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